



RECOVERY WORKS

**4.0 RESOURCES
FOR EMPLOYERS
& EMPLOYEES/
FAMILIES**

THE RECOVERY FRIENDLY WORKPLACE TOOLKIT

CT Department of Labor

CT Department of Public Health

Department of Mental Health and Addiction Services



4.1



RESOURCES FOR EMPLOYERS

STATE/REGIONAL RESOURCES

CT State Department of Labor

Connecticut Department of Labor – WIOA
Administration Unit

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Department of Mental Health and Addiction Services (DMHAS)

The CT Department of Mental health and
Addiction Services has good background
information on substance use disorder

<https://portal.ct.gov/dmhas>

Connecticut Community for Addiction Recovery (CCAR)

CCAR is a Hartford-headquartered
partner organization to the RFW initiative
and provides training for participating
employers. CCAR can also connect your
organization to local Recovery Community
Centers (RCCs) that will connect anyone
with SUD to the help they need. Main
website: <https://ccar.us/>

Training website: [https://
addictionrecoverytraining.org/](https://addictionrecoverytraining.org/)

Regional Behavioral Health Action Organizations (RBHAO)

This link will show the 5 RBHAO chapters,
which can provide education and training
for your company in the following areas:
problem gambling, mental health, opioid
education, suicide prevention, Narcan
administration training, and more. Each
RBHAO is different, so contact the one
closest to your company to determine the
full scope of its capabilities.

[https://portal.ct.gov/DMHAS/Commissions-
Councils-Boards/Index/Regional-Behavioral-
Health-Action-Organizations-RBHAs](https://portal.ct.gov/DMHAS/Commissions-Councils-Boards/Index/Regional-Behavioral-Health-Action-Organizations-RBHAs)

American Job Centers

AJCs, located throughout CT, are
partnerships of organizations working to
provide workforce assistance to job seekers
and businesses. AJCs can also provide
support for the Recovery Friendly
Workplace initiative.

[http://www.ctdol.state.ct.us/ajc/factsheets.
htm](http://www.ctdol.state.ct.us/ajc/factsheets.htm)

CT Clearinghouse

Connecticut Clearinghouse is a statewide
library and resource center for information
on substance use and mental health
disorders, prevention and health promotion,
treatment and recovery, wellness and other
related topics.

<https://www.ctclearinghouse.org/about/>



National Alliance on Mental Health (NAMI) Connecticut

NAMI Connecticut provides support, education and advocacy for Connecticut's citizens affected by mental illness.

<https://namict.org/learn-more/about/>

The Connecticut Business and Industry Association (CBIA)

The CBIA is a strong networking platform for businesses.

<https://www.cbia.com/>

LOCAL RESOURCES

CT Chambers of Commerce

Area COCs are also good networking tools that can connect you to other organizations facing issues related to SUD and recovery in the workplace. This site is a directory of local chapters.

<https://www.officialusa.com/stateguides/chambers/connecticut.html>

NATIONAL RESOURCES

The Job Accommodation Network (JAN)

This is a service of the U.S. Department of Labor's Office of Disability Employment Policy (ODEP). It is the leading source of expert, confidential guidance on workplace accommodations and provides one-on-one consultation to employers and employees, as well as service providers and others, free of charge. <https://askjan.org/>

If you have a question about workplace accommodations or the Americans with Disabilities Act (ADA) and related legislation, make contact with JAN at (800) 526-7234.

SAMHSA: Drug-Free Workplace Toolkit

This link connects to basic tool kit elements for a drug-free workplace.

<https://www.samhsa.gov/workplace/toolkit>

National Safety Council

The NSC has authored useful content for employers regarding opioid use that affects the workplace. This content is entitled Drugs at Work: What Employers Need to Know

<https://www.nsc.org/work-safety/safety-topics/drugs-at-work>

U.S. Chamber of Commerce

Contains useful information for employers with links to additional resources including a substance use cost calculator, links to useful information from the National Safety Council. <https://www.uschamber.com/event/the-opioid-epidemic-the-front-lines-the-boardroom>



CDC Foundation

There are a number of materials and links to information regarding opioids, overdose information, evidence-based policies and interventions, support for employees struggling with OUD, and external links including a national helpline.

<https://www.cdcfoundation.org/businesspulse/opioid-overdose-epidemic-resources>

Workplace Mental Health

The Partnership for Workplace Mental Health is a program of the American Psychiatric Foundation. It collaborates with employers to advance effective approaches to mental health and promotes the business case for quality mental health care. For more information see www.workplacementalhealth.org



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RESOURCES FOR EMPLOYEES & FAMILIES

STATE/REGIONAL RESOURCES

Connecticut Community for Addiction Recovery (CCAR)

CCAR is a centralized resource in CT for all things recovery. Whether you are contemplating a life in recovery, are new to recovery or are in long term recovery, CCAR is here to help you to navigate the recovery community, by connecting you with others in recovery and providing access to area support services.

Main website: <https://ccar.us/>

LiveLOUD/Live Life with Opioid Use Disorder

LiveLOUD is a campaign from the state Department of Mental Health and Addiction Services, with information about Connecticut's opioid crisis, immediate resources, treatment options and family support.

<https://liveloud.org/>

CT Alcoholics Anonymous

This link connects to the main AA site for CT, including a schedule of meetings.

<https://ct-aa.org/>

CT Al-Anon

AL-ANON (and ALATEEN for younger members) is a worldwide organization that offers a program of help and mutual support for families and friends of someone

with a drinking problem whether or not the person with a drinking problem seeks help or even recognizes the existence of a drinking problem.

<https://www.ctalanon.org/>

CT Narcotics Anonymous

This link connects to the main NA site for CT, including a schedule of meetings.

<https://ctna.org/>

The Hub (Regional Behavioral Health Action Organization)

Regional Behavioral Health Action Organizations (RBHAO)

Regional Behavioral Health Organizations provide mental health and substance abuse prevention, treatment and recovery services for children and adults throughout the state.

www.thehubct.org/recovery

List of RBHAOs

Region 1: The Hub: Behavioral Health Action Organization for Southwestern CT, A Program of RYASAP, Giovanna Mozzo & Margaret Watt

Region 2: Alliance for Prevention Wellness – BHCare, Pamela Mautte

Region 3: Southeastern Regional Action Council (SERAC), Michele Devine

Region 4: Amplify, Inc., Marcia Dufore

Region 5: Western CT Coalition,



Allison Fulton

(860) 848-5930

Regional American Job Center Peer Navigators

Peer navigators in each of the state's American Job Center hubs are trained to help individuals affected by the opioid crisis as they prepare for new careers and help them obtain employment that is particularly suited to their recovery efforts.

Northwest Region

Northwest Regional Workforce Development Board/Career Resources
Sami Harjula - hajrula@careerresources.org
(203) 617-7719

Southwest Region

The WorkPlace
Robert Frost
rfrost@workplace.org
(203) 610-8500

North Central Region

Capital Workforce Partners/EDSI
Randy Ricketts
rricketts@capitalworkforce.org.
(860) 656-2575

South Central Region

Workforce Alliance
Allyson Quinn
AQuinn@workforcealliance.biz
(203) 867-4030 x 220

East

Eastern Connecticut Workforce Investment Board/TVCCA
Elizabeth Watson
Ewatson@tvcca.org

NATIONAL RESOURCES

Substance Abuse and Mental Health Services Administration (SAMHSA)

SAMHSA offers a range of resources related to substance use issues and recovery.

- National Helpline: 1-800-662-HELP (4357) or 1-800-487-4889 (TDD, for hearing impaired)
- Behavioral Health Treatment Services (search by address, city, or ZIP Code):
<https://www.samhsa.gov/>

OTHER RESOURCES FOR OPIOID USE FOR PAIN RELIEF:

Federal Drug Administration (FDA) Patient Handouts:

A Guide to Safe Use of Pain Medication and How to Dispose of Unused Medications
<https://www.fda.gov/Drugs/ResourcesForYou/Consumers>

Centers for Disease Control and Prevention

CDC has information including Helpful Materials for Patients regarding the CDC Guidelines for prescribing opioids.

<https://www.cdc.gov/drugoverdose/patients/materials.html>



Turn the Tide

Turn the Tide provides information for patients on opioid education, managing pain, taking opioids, safe storage and disposal, and helplines.

<https://turnthetiderx.org/for-patients/#about-opioids>

GENERAL RESOURCES FOR OPIOID OVERDOSE PREVENTION

Change the Script

Change the Script is a statewide public awareness campaign (and communications tool kit) to help communities deal with the prescription drug and opioids misuse crisis. It connects town leaders, healthcare professionals, treatment professionals and everyday people with the resources they need to face prescription opioid misuse - and write a new story about what we can accomplish when we all work toward a shared goal. For information contact Connecticut Clearinghouse at <https://www.drugfreect.org/prevention-and-intervention/change-the-script-campaign/> or 1-800-232-4424.

Opioid Overdose Prevention Toolkit

This includes information for prescribers, patients and family members, first responders and community members.

<https://store.samhsa.gov/product/Opioid-Overdose-Prevention-Toolkit/SMA18-4742>

Narcan Quick Start Guide

For a fast reference on the use of Narcan go to:

<https://www.narcan.com/pdf/NARCAN-Quick-Start-Guide.pdf>

NIH Opioid Overdose Reversal with Naloxone

For information on Naloxone usage go to:

<https://www.drugabuse.gov/related-topics/opioid-overdose-reversal-naloxone-narcan-evzio>