

# 3.5



## STATE AND REGIONAL RESOURCES

Below is a description of state and local resources that are recommended to help you establish and operate your Recovery Friendly Workplace. For contact information, see the Resources section of this toolkit.

### STATE RESOURCES

#### **drugfreect.org**

Drugfreect.org is a starting point for any organization seeking to become a Recovery Friendly Workplace. It is a central resource for medication safety, prevention and intervention, and treatment and recovery resources.

#### **The Department of Mental Health and Addiction Services (DMHAS)**

DMHAS is a health care agency whose mission is to promote the overall health and wellness of persons with behavioral health needs through an integrated network of holistic, comprehensive, effective, and efficient services and supports that foster dignity, respect, and self-sufficiency. While DMHAS serves all Connecticut citizens, its mandate is to serve adults (over 18 years of age) with psychiatric or substance use disorders, or both, who lack the financial means to obtain such services on their own.

#### **Connecticut Community for Addiction Recovery (CCAR)**

CCAR is a partner organization to the RFW initiative and **provides training for participating employers.** Key points to know regarding CCAR:

- CCAR organizes recovery communities in the state.
- They can help you navigate the process of implementing recovery-focused training for your organization and its people.
- **One of CCAR's main areas of expertise is training.** They have online and in-person training sessions, many offered with CEUs. Some examples:
  - Recovery Coaching Basics
  - Recovery Coaching and Professionals
  - Webinar Training Series for Recovery Coaches
  - Ethical Considerations for Recovery Coaches
- **CCAR can connect your organization to local Recovery Community Centers (RCCs)** that will connect anyone with SUD to the help they need.

### REGIONAL RESOURCES

#### **Regional Behavioral Health Action Organizations (RBHAOs)**



The RBHAOs are funded by DMHAS. They serve as a strategic community partner and resource, supporting and coordinating initiatives related to mental health, suicide, substance misuse, and problem gambling. The RBHAOs work across the behavioral healthcare continuum acting as a liaison between region and state. There are 5 regional RBHAOs, which can be accessed in the Resources section of this toolkit.

### **American Job Centers (AJCs)**

AJCs, located throughout CT, are partnerships of organizations working to provide workforce assistance to job seekers and businesses.

Services range from employment workshops and résumé assistance for job seekers to recruitment services and tax credit programs for employers. AJCs can also provide support for the Recovery Friendly Workplace initiative.

### **Regional American Job Center Peer Navigators**

Peer navigators in each of the state's American Job Centers hubs are trained to help individuals affected by the opioid crisis as they prepare for new careers and help them obtain employment that is particularly suited to their recovery efforts. See the Resources section of this toolkit for a listing of regional offices.

