



# Talk with friends and family about the risks of drinking

Access a free alcohol misuse prevention toolkit at [drugfreeCT.org](https://drugfreeCT.org)

Alcohol use affects the health of people of all ages. It creates health risks on its own and can make existing conditions worse.

 **Let's**   
**#MentionPrevention**

**FUNDING STATEMENT**

This publication is funded by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention, through the CT Department of Mental Health and Addiction Services (DMHAS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Substance Abuse and Mental Health Services Administration.

