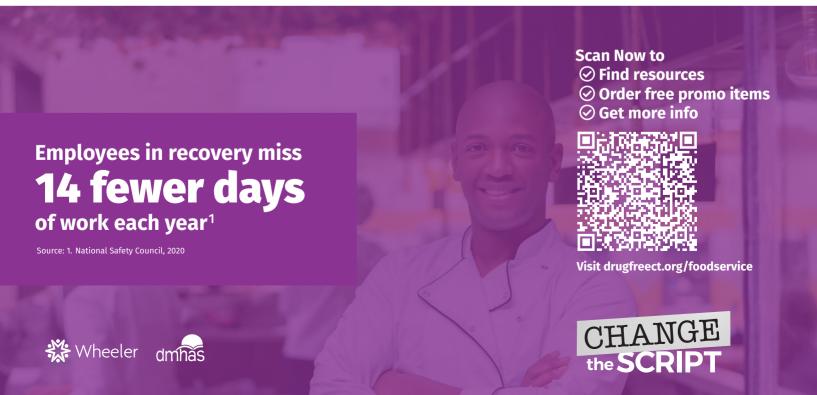
## It's Good Business to Prevent Substance Misuse and Support Recovery



Employees are your most valuable assets. That's why it's important to create a workplace that protects them from the risks of substance use. Plus, when you support employees in recovery, it has a positive impact on the bottom line.

## The Risks for Substance Use and Overdose are High for Foodservice Industry Employees

- ① Many employees may not have health insurance.
- ① Physical injuries and chronic pain are very common.
- ① Employees may rely on self-medication with pills and other substances, instead of seeing a doctor.
- ① Many employees in this field have a work-at-all-costs attitude.
- ① Stigma often prevents them from seeking help.



## **Foodservice Businesses That Take Action See Positive Impacts**

There are valuable business reasons to prevent substance misuse, avoid the risks of overdose, and support employees in recovery.

- ⊗ Better performance
- **⊘** Fewer accidents
- **⊘** Higher productivity
- Less turnover
- Lower health care costs



## **Make Sure Employees Know Where to Find Help**

Provide Information that employees can use to find help if they need it.

- **2-1-1**Dial 2-1-1
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- SAMHSA's National Helpline (800) 662-HELP (4357)

- Connecticut Department of Mental Health and Addiction Services (800) 563-4086
- National Alliance on Mental Illness HelpLine (800) 950-NAMI (6264)







**Scan Now to** 

- **⊘** Find resources
- **⊘** Order free promo items
- **⊘** Get more info

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